

ROYAL FORTH YACHT CLUB

MAY ISLAND RACE

(Part of the FOG Division 1 Series, for boats with a handicap of 974 and below)

31 JULY 2010

SAILING INSTRUCTIONS

1 RULES

- 1.1 All races will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The prescriptions of the Royal Yachting Association will apply.
- 1.3 Handicaps will be as per the Forth Yacht Clubs Association Handicap List. Any boat not having a handicap will be issued with one by the race committee.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located at main entrance of Royal Forth Yacht Club.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted at least 1 hour before the advertised start time of the race except that any change to the schedule of race will be posted by 2000hrs on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the main mast of Royal Forth Yacht Club.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3 When flag Y is displayed ashore or afloat, rule 40 applies at all times while afloat. This changes the Part 4 preamble.

5 SCHEDULE OF RACES & ENTRY FEE

- 5.1 Date of race – 31 July 2010 - Start Time 1000hrs.
The entry fee is £5. Cheques should be made payable to Royal Forth Yacht Club.

6 CLASS FLAGS

- 6.1 Class flag will be Numeral Pennant 1

7 RACING AREAS

- 7.1 Admiralty Chart Ref 734, 735 and Imray Chart Ref C27 cover the race area.

8 THE START

- 8.1 The Race will be started by using rule 26 with the warning signal given 5 minutes before the starting signal.
- 8.2 A boat starting later than 20 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

9 TIME LIMITS

- 9.1 If one boat sails the course as required by rule 28.1 and finishes within the prescribed time limit, racing will be extended for all other boats.
The time limit and the length of extension are specified in Instruction 17.7.
If no boat finishes within the time limit, the race committee will abandon the race.
Boats failing to finish within the extended time limit after the first boat sails the course as required by rule 28.1 and finishes will be scored Did Not Finish.
This changes rules 35 and A4.

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10 PROTESTS AND REQUESTS FOR REDRESS

- 10.1 Protest forms are available at the RFYC office. Protests shall be delivered there within the protest time limit.
- 10.2 The protest time limit is 12noon on Tuesday 3 August 2010. [The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2.]
- 10.3 The time and place of any protest hearing will be posted on the notice board to inform competitors of hearings in which they are parties or named as witnesses.
- 10.4 Notices of protests by the race committee or protest committee will be posted on the notice board to inform boats under rule 61.1(b).

11 SCORING

- 11.1 The scores from this race will be included in the FYCA FOG Series (Division 1).

12 RETIRALS & DECLARATION

- 12.1 A boat that retires from the race shall notify the race committee as soon as possible.
- 12.2 The attached Declaration Form is to be submitted, fully completed, to the Sailing Secretary at Royal Forth Yacht Club no later than 12noon on Friday 6 August 2010. Declarations may also be submitted by email to: royalforth@btconnect.com and **must** arrive by the same time. Boats failing to submit a declaration will be scored DID NOT FINISH.

13 EQUIPMENT AND MEASUREMENT CHECKS

- 13.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

14 PRIZES & ENTRY

- 14.1 The Beacon Trophy will be awarded to the winning boat in the race (to be presented at the RFYC Prizegiving).
- 14.2 This race forms part of the FYCA FOG Series, Division 1.
- 14.3 Though forming part of the FYCA FOG Series, the race is not restricted to boats with a handicap below 975.

15 DISCLAIMER OF LIABILITY

- 15.1 Competitors participate in this event entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after any race.
- 15.2 The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/person in charge who must ensure that the boat and her crew are adequate to face the conditions that may arise in the course of a race. Neither these sailing instructions nor any inspection of the boats limits or reduces the absolute responsibility of the owner/person in charge for the crew, the boat and her management. The organizing authority shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/person in charge or crew, as a result of their taking part in any race. Moreover, every owner/person in charge warrants the suitability of the boat for any race.
- 15.3 A boat is entirely responsible for her own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else, reduces this responsibility.
- 15.4 It is for the boat to decide whether she is fit to sail in the conditions in which she will find herself. By launching or going to sea, the boat confirms that she is fit for those conditions and her crew is competent to sail and compete in them.
- 15.5 Nothing done by the organisers can reduce the responsibility of the boat nor will it make the organisers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the racing. The organisers encompass everyone helping to run the race and the event, and include the organising authority, the race committee, the race officer, patrol boats and beachmasters.
- 15.6 Refer also to Instructions 17.8 & 17.9.

16 INSURANCE

- 16.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2Million or the equivalent.

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17 MAY ISLAND RACE

17.1 Schedule of race;

Date	HW (Leith)	LW (Leith)	Warning Signal	Prep Signal	One Minute	Start Signal
31 July	06.10 & 1840	12.22	0955	0956	0959	1000

17.2 Course Signals; The course to be sailed will be indicated by displaying a number on a board from the committee boat.

17.3 The Course;

Course Nr 1;

Approx Positions

Start at RFYC Mark H

55 59' 30N; 3 12' 93W

Leith Approach Buoy (s)

55 59' 95N; 3 11' 50W

Isle of May (p)

56 10' 06N; 2 33' 05W
(Lighthouse Position)

Finish at Anstruther (Crossing Finish Line E > W)

56 13' 18N; 2 41' 82W
(White Chalmers Light Tower)

Course Nr 2;

Start at RFYC Mark H

55 59' 30N; 3 12' 93W

Leith Approach Buoy (s)

55 59' 95N; 3 11' 50W

Finish at Anstruther (Crossing Finish Line W > E)

56 13' 18N; 2 41' 82W
(White Chalmers Light Tower)

(s) = leave or pass to starboard; (p) = leave or pass to port

17.4 Marks: RFYC permanent race marks, FPA navigation marks and an Anstruther Sailing Club purpose laid dhan buoy off Anstruther Harbour.

17.5 Starting Line; The starting line will be between a staff displaying a yellow flag on a buoy and RFYC Mark H.

17.6 Finishing line; The finishing line will be on a transit line from the old white light tower on the west pier and red light tower on the east pier at a distance of not more than 2 cables off. A dhan buoy may be laid by Anstruther Sailing Club to mark the outer limit of the finish line.

17.7 Time limit; 9 hours from actual start of race, extended to 12 hours from actual start of race.

17.8 Additional Safety Requirements; All boats must comply with FYCA Safety Regulations Category 4.

17.9 The boat is responsible to ensure that she is equipped and seaworthy so as to be able to face extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and that the crew know how to use it.

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ENTRY FORM

Owners Name:	Boat Name:
Address:	Type/Class:
	Sail No: Handicap:
	VHF Callsign:
Postcode:	
Home Tel No.	Yacht Club:
Mob Tel No:	
Email:	

I agree to be bound by the Racing Rules of Sailing and all other rules that govern this event. In particular I have read Instructions 15, 16, 17.8 and 17.9 of the Sailing Instructions and confirm that I agree to its provisions and that my boat will conform to its requirements throughout the race.

Signed: _____

Date: _____

Please submit this entry form to the Race Officer, together with the £5 entry fee, at least 1 hour before the start of the race.

Entries may also be sent to:

The Sailing Secretary, RFYC Middle Pier, Granton Harbour, Edinburgh EH5 1HF

Please make cheques payable to Royal Forth Yacht Club

Office Use Only;

Amount Received: £ _____

Cheque/Cash (delete as required)

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DECLARATION FORM

Owners Name:	Boat Name:
Address:	Yacht Club:
	Home Tel No:
Postcode:	Mob Tel No:
Email:	

I , the person in charge of the above boat during the race, complied with the Racing Rules of Sailing and all other rules that govern this race.

The following times were recorded ;

Start Time (**time taken from onboard watch**) _____ (hour) _____ (min) _____ (sec)

Finish Time (**time taken from onboard watch**) _____ (hour) _____ (min) _____ (sec)

Elapsed Time (Finish Time less Start Time) _____ (hours) _____ (min) _____ (secs)

Signed: _____

Name (Print): _____

Date: _____

This Declaration Form **must** be submitted to the Royal Forth Yacht Club Sailing Secretary no later than **12 noon on Friday 6 August 2010**.

Declarations may also be submitted by email to: royalforth@btconnect.com and **must** arrive by the same time.

RFYC, Middle Pier, Granton Harbour, Edinburgh EH15 1HF